Springdale Primary School



PSE progress model for knowledge and skills

		Links to ks1 curriculum	Minimu	um expectations for reception		Minimum Expectations for nursery		
	Feelings and emotions	<u>PSHE Association:</u> H11, H12, H13, H14, H15, H16, H18, H19	Articulates how they feel using age appropriate vocabulary Identifies and moderates their own feelings, socially and emotionally Expresses their feelings and considers those of others Thinks about the perspectives of others	Can talk about the feelings 'jealous', 'worried' and 'frightened' and is aware of synonyms for previously learnt feelings		Can talk about th 'scared', 'surpris		Can talk about the feelings 'happy' and 'sad'
				Recognises when they might be 'jealous', 'worried' and 'frightened' and responds appropriately		Recognises when they might be 'angry', 'scared', 'surprised' and 'excited' and responds appropriately		
				Tells others how they have made them feel	Is able to ask for help for 'uncomfortable' feelings if they need to	Understands how they can manage 'uncomfortable' feelings appropriately		Recognises when they might be 'happy' or 'sad' and responds appropriately
				Beginning to recognise that animals have feelings too	Recognises the feelings of characters in stories	a Begins to understand how others		
				Recognise when and how they need to respond to a friend, showing sensitivity when needed		might be feeling		
			Sees themselves as a valuable individual	Children understand how they can improve	Children are able to explain what they are good at and what they need to practise	Children are able to explain what they do and don't like of Children are beginning to identify what they need help and seek support from an adult or their peers		they need help with
	Behaviour		Shows perseverance and resilience in the face of challenge	Children persevere to reach their intended goal	trying to do somet	eloping resilience, hing difficult which to achieve	Children celebrate accomplishment of goals	

			Takes turns in familiar games and group activities without support	Takes turns in games and group activities with some support		Takes turns in games and group activities with encouragement and support	
			Watches the person who is speaking and knows when it is their turn to speak		Understands that they need to wait their turn and can anticipate when it is their turn during circle time		Understands that they need to wait their turn, using props to support them
			fidence during whole class sessions Shows confidence who small group and in situation		nd in new social	Shows confidence when playing with a friend	Developing
		Thinks about the perspectives of others	Asks others if they need help –Asks for help – 'Please can you help'Would you like me to help you?'do up my coat?'			Asks a friend if they can play	confidence
		Selects and uses activities and resources without help. Knows which resources they need to carry out their intended activity.			Selects and uses activities and resources, with help, when needed. Knows that they need some resources e.g. an apron for painting.		
		Children know that they must put something away before getting something else out. Children independently sweep, wipe and wash where required.		Beginning to tidy up after themselves, putting things back where they came from. Children are prompted to sweep, wipe and wash if needed.		Prompted to tidy up	
		Builds	Children are aware of rules and why we need to follow them. They remind friends of the rules when needed.		Children increasingly follow rules independently	right and wrong w Children apologis	ning to understand ith adult modelling. e for any negative r choices.
		constructive and respectful relationships	Plays in a group, sharing and extending ideas	extending and el	nore other children, aborating on play eas	Plays alongside a friend	Shows an interest in others
Relationships	<u>PSHE Association:</u> R6, R7, R8, R9, R22, H22, R14, R15, R19, R20	R6, R7, R8, R9, R22,perspectives of	Is able to explain the importance of sharing	Offers to share resources – 'Would you like this?'	Shares resources with friends if they are asked for something	Sometimes shares resources with adult and peers, sometimes requiring suppor	
		Children are able to determine when a situation requires adult intervention	Resolving conflicts by themselves, where possible, and not retaliating Developing appropriate ways of being assertive		Beginning to resolve conflicts, asking an adult if they need support		

				Has an awareness of stranger danger	Becomes more outgoing to unfamiliar people		Children begin communication with people by first saying their name or 'excuse me'. Children do not need to be physical to get attention	
	Responsibility			Children know what belongs to them and stores items sensibly	Puts their cardigan/jumper in a sensible place if they take it off Beginning to name pieces of work that are theirs		Recognises their own belongings and knows to store their items on their peg	
R		own	Manages their own needs	Children are responsible for bringing their reading books and homework back each week		Children are responsible for bringing their book back each wee		
				Children are responsible for maintaining the indoor and outdoor areas, including the allotment. Children clean up any rubbish and tidy up after themselves, manoeuvring large items as a group.				
	Sense of	nity than ourselves, sometimes supporting families within our own school. We plan to reach out to neighbours, extended family and the elderly so that we can share stories, experiences, fun and laughter. We also plan to support our local neighbourhood by helping to keep the area clean. ion See Communication and Language Progress Model and See Physical Development Progress Model					e to provide support to those less fortunate	
	community							
	Attention							
ŀ	lygiene and							
	personal							
	needs							