Leuven Scales of Well-Being and Involvement

Well-Being

High – The child looks happy and cheerful and smiles.

They may be lively or full of energy. The child plays happily, appears relaxed and doesn't show any signs of stress or tension. The child accesses the environment and appears confident.

Medium – The child has a neutral posture and shows little to no emotion. They do not show happiness, sadness, comfort or discomfort.

Low –The child is unsettled and may look sad or frightened. The child doesn't play in the environment, avoids contact and is withdrawn.

Involvement

High – The child's activity has intense moments and is sustained. They can resume activity even after interruptions. Stimuli from the environment cannot distract them from their activity. They demonstrate concentration, creativity, energy and persistence.

Medium – The child is busy at an activity and can concentrate but at a routine level. They lack signs of involvement. The child can be easily distracted and their energy is lacking.

Low – Activity is simple, repetitive and passive. The child is absent and displays no energy, they often stare into space and struggle to concentrate.