## How to say the pure sounds

These first sounds should all be stretched slightly. Try to avoid saying **uh** after each one.:

- e.g. /mm/ not muh, /ss/ not suh, /ff/ not fuh.
- m mmmmmmountain (keep lips pressed together hard)
- s sssssnake (keep teeth together and hiss unvoiced)
- n nnnnnet (keep tongue behind teeth)
- f ffffflower (keep teeth on bottom lip and force air out sharply unvoiced)
- I IIIIleg (keep pointed curled tongue behind teeth).
- r rrrrrobot (say rrr as if you are growling)
- v vvvvvvulture (keep teeth on bottom lip and force air out gently)
- z zzzzzzig zzzzzag (keep teeth together and make a buzzing sound)
- th thhhhank you (stick out tongue and breathe out sharply)
- sh shhhh (make a shhh noise as though you are telling somebody to be quiet!)
- ng thinnnnngg on a strinnnngg (curl your tongue at the back of your throat)
- nk I think I stink (make a piggy oink noise without the oi! nk nk nk)

These next sounds cannot be stretched. Make the sound as short as possible avoiding **uh** at the end of the sound:

- t (tick tongue behind the teeth unvoiced)
- p (make distinctive p with lips unvoiced)
- k (make sharp click at back of throat)
- c as above
- h (say h as you breathe sharply out unvoiced)
- ch- (make a short sneezing sound)
- x (say a sharp c and add s unvoiced)

You will find it harder to avoid saying uh at the end of these sounds.

- d (tap tongue behind the teeth).
- q (make soft sound in throat).
- b-(make a short, strong b with lips).
- j (push lips forward).
- y (keep edges of tongue against teeth).
- w (keep lips tightly pursed).
- qu (keep lips pursed as you say cw unvoiced).

The short vowels should be kept short and sharp:

- a: a-a-a (open mouth wide as if to take a bite of an apple).
- e: e-e-e (release mouth slightly from a position).
- i: i-i-i (make a sharp sound at the back of the throat smile).
- o: o-o-o (push out lips, make the mouth into o shape).
- u: u-u-u (make a sound in the throat).

The children are taught the Set 1 Speed Sound cards in the following order:  $m \ a \ s \ d \ t$ ,  $i \ n \ p \ g \ o$ ,  $c \ k \ u \ b$ ,  $f \ e \ l \ h \ sh$ ,  $r \ j \ v \ y \ w$ ,  $th \ z \ ch \ qu \ x \ ng \ nk$ 



